



BOWNESS
COMMUNITY ASSOCIATION



Thank You Laddie Trithara
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Reflections & Thanks After
the Boil Water Advisory
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BOWEST'NER

Newsletter of the Bowness Community Association

JULY / AUGUST 2024

Bowness Lions

Celebrating 75 Years in the Community



Service Projects Include

Fundraising Casinos • Raffles • Christmas Tree Sales
and our friendly 'Grill Team' who share
pancakes, hamburgers, and a helping hand

Contributions of money and time support the
Bowness Community Association, RISE, Bowness
Seniors, Scouts/Guides, schools, families and our
annual Bowness Stampede Breakfast and Parade.



JOIN AS A MEMBER OR VOLUNTEER

Text/phone President Daryl Reinke 780-608-9884 or
dwreinke@gmail.com

MEETINGS

7:00pm on 2nd & 4th Mondays from September to June
Scout & Lions Hall 8551 Bowness Road NW



ADDRESS
7904 - 43 Avenue NW
Calgary, AB T3B 4P9

CONTACT
403-288-8300
iheartbowness@mybowness.com

WEBSITE
www.mybowness.com

SOCIAL MEDIA
[@MyBowness](#)

OFFICE HOURS
Monday to Thursday
9:00 AM to 4:00 PM
Friday
9:00 AM to 12:00 PM

THE LANDING
Daytime Drop-In
Monday - Friday
9:00 AM - 5:00 PM

Food and Beverage Service
Monday - Friday
5:00 - 10:00 PM
Saturdays and Sundays Closed
Contact: thelanding@mybowness.com

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Lawyer1@telus.net | www.BMLaw.net

Call to speak with *Anthony Merah *Amina Muhammad *Nazeef Muhummad *Saghir Mehar (Student-at-Law)
*Colleen Hustad (Legal Assistant) *Amy Gardner (Legal Assistant)
Kerry McClelland (Retired)

We acknowledge the neighbourhood of Bowness is located on the traditional territories of the Blackfoot Confederacy and is also home of Métis Nation of Alberta Districts 5 and 6. As residents of the Treaty 7 region, we seek to live, work and play in ways that honour and respect the spirit of the treaties and the lives of our Indigenous neighbours.

ON
THE
COVER

Volunteers from Dashmesh Cultural Society after unloading thousands of litres of donated water at the BCA.

BOWEST'NER
JULY / AUGUST 2024

The Bowest'ner is a bi-monthly newsletter published by the Bowness Community Association (BCA).

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CIRCULATION
The Bowest'ner is distributed to over 6,000 households and businesses in Bowness. Additional copies can be found at the Bowness Community Association.

DELIVERY ISSUES?
Contact editor@mybowness.com

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Contact editor@mybowness.com

CONTRIBUTE
Have an idea for a content submission? Get in touch with editor@mybowness.com for volunteer opportunities on the BCA Communications Committee.

LETTER FROM THE EDITOR

Hello Bowness!

At the time I'm writing this, the boil-water advisory in Bowness has been lifted for over a week, and we are all still waiting for the repairs to be completed on the feeder main. Fingers crossed that by the time you read this, things will be fully back to normal! Despite the challenges and difficulty of this whole situation, it was incredible to witness the community and city come together to take care of each other. Keep on reading for more thoughts, thank yous, and photos.

Summer is officially here and there's a lot to look forward to in Bowness. At the BCA, we're getting ready for Movie in the Park on July 20 (featuring food trucks and a local artisan market hosted by Bowness Soapworks). We're also excited to attend the Stampede Parade and Breakfast on July 6 hosted by the Lion's Club, and the Tour de Bowness Bike Race and Street Festival on August 5 hosted by Bow Cycle and the Mainstreet Bowness BIA. (Keep reading the Bowest'ner for more on these community summer highlights!)

If you're looking for other ways to get connected in the community through the BCA, check out our upcoming plant walks, cooking workshops, safety seminars, games nights, knitting circles, coffee clubs, public skates, open mics, and more. Beyond these planned events, there's plenty to get up to on your own in the community this summer. Whether its a round of disc golf, a float down the river, or a jaunt through the park on a bike or on foot, we hope you savour summer in Bowness.

Thanks for reading the Bowest'ner, and we hope to meet you this summer at the BCA!

Logan Renaud



E-NEWSLETTER

Sign up at mybowness.com (or scan the QR code below) to receive our monthly email newsletter and stay up to date on all the happenings at the BCA



BCA HAPPENINGS & ACTIVITIES

ALL LISTED EVENTS AND ACTIVITIES TAKE PLACE AT THE
BOWNESS COMMUNITY ASSOCIATION
(7904 43 AVE NW)
VISIT MYBOWNESS.COM FOR MORE DETAILS

MOVIE IN THE PARK SPONSORED BY SERVUS WITH POP UP ARTISAN MARKET BY BOWNESS SOAPWORKS
SATURDAY, JULY 20 | MARKET 5PM | MOVIE START 9PM
Contact volunteer@mybowness.com to learn more and sign up. Funds raised through these casino nights go a long way in supporting the BCA!

BCA CASINO FUNDRAISER AT ACE CASINO (AIRPORT)
AUGUST 6-7

Pack your blankets and festival chairs and join us for an outdoor screening of Shrek in the BCA Green Space. This year will feature the return of the food trucks and pop-up market hosted by our friends at Bowness Soapworks.

Thanks to Servus for sponsoring this free family event!

WELLBEING WEDNESDAYS

"ZINE" MAKING WORKSHOP WITH BUILDING ENOUGH FOR ALL FUTURES CALGARY
WEDNESDAY, JULY 10 | 6-8PM

This workshop will cultivate community connections and raise the voices of communities through the art of creating zines (miniature magazines).

Registration opens at mybowness.com on June 26.

COFFEE WITH A COP
WEDNESDAY, JULY 31 | 6-8PM

Come meet your Community Resource Officer and other members of the Calgary Police Service over a cup of coffee.

This is a drop-in, come and go style event — No registration required.

SCAM AND FRAUD AWARENESS PRESENTATION
WEDNESDAY, AUGUST 28 | 6-7:30PM

Presented by the Calgary Police Service, this presentation contains basic information related to the ever growing list of online, phone and in person scams. The presentation will take 30-45 minutes, followed by a question and

discussion period. Fraud and scam prevention starts with knowledge as the first line of defence, as it helps protect ourselves and others around us.

Registration is required for this workshop and will open at www.mybowness.com on August 1 (or call 403-288-8300 to register after August 1)

BITS & BITES: A MONTHLY NEIGHBOURHOOD FOOD WEEK SERIES

MAKING HERB BUTTER, VINEGAR, & OILS
SATURDAY, JULY 27 | TIME TBD

Do you wish you could preserve some of the bounty of herbs you are growing / can buy in the summer season? Then join gardener and chef, Jennifer Hoglin, in learning how to preserve your herbs by making herb butters, oils & vinegars. This is a hands-on workshop where you will create your own samples of these things to take home. All supplies provided. This program is sponsored in part by the City of Calgary and the Calgary Horticultural Society.

Registration is required for this workshop and will open at www.mybowness.com on July 8 (or call 403-288-8300 to register after July 8)

PLANT WALK
SATURDAY, AUGUST 24 | TIME TBD

Join us for a 30-40 minute walk in Bowness and learn about the local plant life! Facilitated by community herbalist Becky Saunders from the Bowness Community Association.

Registration is required for this workshop and will open at www.mybowness.com on August 1 (or call 403-288-8300 to register after August 1)

RIPPLES COMMUNITY BUILDING GRANTS
Make a splash! Residents of Bowness, Greenwood Village, and Montgomery can receive up to \$1000 to put toward a community building idea.

Learn more and apply for a Ripples Community Building Grant at mybowness.com/ripples

SUBMISSIONS FOR THE SEPT/OCT ISSUE ARE DUE:
JULY 26, 2024



THE LANDING
The Landing on the 2nd floor of the BCA is a happening place! We can't wait to see you upstairs at 7904 43 Ave NW (elevator accessible).

DAYTIME COFFEE AND TEA
MONDAY - FRIDAY
Stop by The Landing at the BCA weekdays (M-F) from 9am-5pm to enjoy this drop-in public space. Help yourself to wifi, tables, pay-what-you-want coffee and tea (or bring your own food and refreshments), plus a toy box for the kids!

EVENING FOOD AND DRINKS
Then join us from 5-10 PM every Monday to Friday for pub bites and a fully licenced beverage menu. Check mybowness.com/the-landing for current hours and latest updates.

BCA ARTS
Stay tuned for more information about summer art workshops! Visit mybowness.com/arts/ to learn more as details become available.

PICKLEBALL AT THE BCA
Pickleball court bookings are currently available by waitlist only at www.mybowness.com/sports-and-recreation

Immediate play opportunities at the BCA are available through Pickleball Connect: www.pickleballconnect.ca

SHINNY AND PUBLIC SKATE
The BCA offers free public skate every Thursday from 12:00PM - 1:30PM.

In The Landing:

ELEVENSES COFFEE CLUB
THURSDAYS | 11AM - 12PM
Join in on some coffee, tea, snacks and good ol' conversation every Thursday at 11 am upstairs in The Landing at the BCA (elevator is available). There's free wifi, a toy box, puzzles and games. Come for a chat and community connection. Everyone of all ages is welcome.

UN-WINED STITCHERS
THURSDAYS | 7-9PM
Calling all stitchers! Join this casual stitching meetup for crocheters, knitters, embroiderers, felters, needle-punchers, and more. This group meets every Thursday from 7-9pm upstairs at the BCA. Turn right at the top of the stairs (toward our office) and find us in one of the meeting rooms.

Pay-what-you-want coffee and tea will be available, and Stitchers get 10% off all other beverages in The Landing.

FAMILY GAME NIGHT
JULY 5, JULY 26, AUGUST 2, AUGUST 30 | 6-9PM
Help yourself to our shelf of games, or bring your own to share with a neighbour! Hosted on the 1st Friday of every month unless otherwise noted.

OPEN MIC
JULY 12 & AUGUST 9 | 6-9PM
Come listen, perform, and enjoy food and drinks in The Landing!

BOOK CLUB
The Bowness Book Club will be taking a break for July & August. The club will return on September 25 at 7PM with Sweetland by Michael Crummey. Anyone and everyone is welcome to join the book club, just come to the Landing at 7PM on the last Wednesday of the month. Follow on goodreads at Bowness Bookclub and send your questions and book suggestions to bownessbookclub@gmail.com

We also host \$10 full-equipment shinny at various times throughout the week. Check online at mybowness.com/ events for latest times. NOTE: Both on pause in August.

FACILITY RENTALS
Did you know, the BCA facilities are available for rent with discounts for BCA members? Visit mybowness.com to learn more about renting the rink, The Landing, the hall and courts, and our commercially licensed kitchen.

VOLUNTEER
Visit mybowness.com for current one-off and ongoing volunteer opportunities at the BCA.

PLANNING & DEVELOPMENT
Ever wondered how you can make your voice heard to the City when it comes to planning, development, and rezoning applications? Visit mybowness.com/planning-development to see all pending applications in Bowness and learn how to give your feedback to the City. You can also see details on the monthly public meetings of the BCA Planning and Development Committee, as well as information about joining as a regular member of the committee.

We regularly update this webpage with information on upcoming 3rd party info sessions and engagement processes with The City and with developers.

VIRTUAL SUGGESTION BOX
Have you got an idea for programming at the BCA? Submit it to our virtual suggestion box!



CARYA PROGRAMS AT THE BCA
Carya is a not-for-profit agency dedicated to creating strong families and communities in Calgary. We are delighted to have some of Carya's free programming return to the BCA in 2024, thanks in part to support from the Community Hubs Initiative: a collaboration between The City of Calgary and United Way of Calgary and Area. Visit caryacalgary.ca for information about more Carya events and programming around our community.

CARYA SENIORS MONTHLY MEAL
JULY 17 & AUGUST 21 | 12:30-2:30PM | BCA SOUTH HALL
Every third Wednesday of the month. Registration required - please contact Kate Hunter kateh@caryacalgary.ca or call 403-681-6193

CARYA DROP-IN PLAY
MONDAYS | 9:30 - 11AM | BCA NORTH HALL
Families are welcome to drop in with their little ones for open play, games, toys, and activities in the BCA Gym. For more info contact bft@caryacalgary.ca



NEIGHBOURHOOD FOOD WEEK
Neighbourhood Food Week returns September 14 - 21 as a week-long celebration of food and community with free events and workshops in Bowness, Greenwood Village, and Montgomery.

Mark your calendar and join us for the Kickoff Foodraiser from 12-5pm on Saturday September 14 at the BCA. This outdoor potluck-style picnic event will feature food, live music, and family-friendly activities! Non-perishable food donations will be accepted onsite for the Calgary Food Bank.

The rest of the week will feature a buffet of food-focused events with something on the menu for everyone. Kids can power their own smoothies, while adults learn to create nourishing broths, cut down on kitchen waste, and elevate everyday meals. Come enjoy a Seniors' Brunch, discover budget-friendly nutrition tips, and engage in a thought-provoking Food Panel discussion. Then wrap up the week by exploring the Food Fair with vendors and resources for all ages!

Stay tuned for a full schedule of events in the next Bowest'ner, or get updates via our email newsletter by signing up at mybowness.com

Registration for all workshops will open at noon on Wednesday, September 4 at mybowness.com/food or by calling 403-288-8300.



RUN BOWNESS 2024 SPONSORED BY BLOOM CULTURE



Run Bowness 2024 was an event for the books. With record attendance, sunshine, and good vibes aplenty, we couldn't be more thankful to our volunteers and these incredible local businesses for helping make this event possible:
 Bloom Culture, Bowness Soapworks, Cabin Brewing, Carstar Collision and Glass, Simon House Recovery Centre, St. John Ambulance, The Rocking Kings, Village Honda, Waffles & Chix, Wayback Burgers, Yoga MCC

Whether your goal was to cross the finish line, set a personal best, or finish in the podium places — congratulations on your accomplishment!

Run Bowness Podium Awards

Full results available at startlinetiming.com.
 All times below are gun times.

- 10K — Men's**
 1st: Jack Deane (0:35:06)
 2nd: Mark Fewster (0:38:35)
 3rd: Jan Rossiter (0:39:14)

- 10K — Women's**
 1st: Alice Schroeder (0:43:00)
 2nd: Lauren Kryschuk (0:44:18)
 3rd: Laura Harrison (0:45:43)

- 5K — Men's**
 1st: Juan Celis (0:18:43)
 2nd: Kevin O'Kane (0:19:02)
 3rd: Justin Neufeld (0:19:21)

- 5K — Women's**
 1st: Breanne Everett (0:19:33)
 2nd: Jamie Kolodinsky (0:21:13)
 3rd: Kim Bishop (0:21:22)

- Kid's Mile**
 1st: Hali Sroka (0:07:08)
 2nd: Orson Paddock (0:07:24)
 3rd: Aleksander Lenz (0:07:25)

THE STUDIO IS OPEN!

Pottery and Soap Making Workshops

Learn how to make pottery with Bowness' very own potter Melba Seto! After 8 years of detours, her private studio is now open for groups and individual workshops.

www.BownessSoapworks.com

FACILITIES RENTALS

Existing Facilities:

- ✓ Kitchen
- ✓ Seating & audiovisual capacities provided
- ✓ Coffee & Tea
- ✓ 3 bathrooms
- ✓ Main, upstairs and garden gathering spaces

BOOK NOW

awaken.facilities@gmail.com
www.awakenchurch.ca/rentals
 6508 Bowwood Dr NW



THANK YOU RUN BOWNESS SPONSORS



The Bowness Lions have been an integral, hardworking contributor to the community ever since 1948. Old and new members recently came together to celebrate their 75th Charter Night Anniversary in April with speeches, dinner, a cake full of memories and toe-tapping music.



33RD ANNUAL BOWNESS STAMPEDE
BREAKFAST & PARADE ON SATURDAY, JULY 6, 2024

2024 celebrates a huge milestone for Bowness Lions Club, 75 years serving this great community with overwhelming support from the residents, local merchants and small businesses.

Decorate a vehicle, bicycle, put on a funny costume, dress up your pet, walk in the parade and come out to celebrate with this fantastic community, meet new people and share a meal with neighbors.

As times are becoming more difficult, we are looking to the community for parade participation, volunteers and financial support. Feeding thousands of people breakfast requires both financial and volunteer support from the community.

UPDATE FROM WARD 1 COUNCILLOR SONYA SHARP

Hello Ward 1! Summer is officially here. It was great to see so many of you at Neighbour Day events in June, and I'm looking forward to meeting more of you at Calgary Stampede events in our community.

Property tax reminder

A reminder that June 28 was the deadline for the payment of property taxes unless you participate in the TIPP program. Due to delays at the land titles office, some owners of recently acquired properties may not have received their tax bills on time. If you have not received your bill, call 311 for a statement of account.

Free summer activities

The City of Calgary offers a variety of free activities and programs for families across our city throughout the year, but they're especially popular during the summer months. There are events and programs for all ages. Find out what's happening near you at calgary.ca/free

Financial contributions or gifts in kind may be made in the form of cash, cheque, credit card donation or e-transfer. Sponsors, businesses or individuals making contributions will be acknowledged by window posters at your place of business and on signage at the breakfast.

Local vendors' tents may provide potential exposure to the customers and strengthen relationships by supporting the Bowness Stampede Breakfast & Parade.

Sincerely,

Kathy Pearen
Bowness Lions Club Member Fundraising Coordinator
Bowness Stampede Breakfast & Parade
403-669-4448
mp7719@telus.net

To contribute by cheque, please make cheques payable to: BOWNESS LIONS CLUB
For E-transfer, please send to: mp7719@telus.net

Flood and drought conditions

May 15 until July 15 is flood season in Calgary. The City offers a e-newsletter for the latest information on river conditions including tips and resources. Sign up and learn more at calgary.ca/flood.

Both flooding and drought are concerns in our city's climate. Thanks once again to everyone taking steps to conserve water. Reducing water consumption year-round helps protect our drinking water supply. Learn more at calgary.ca/drought.

Mowing in public spaces

The City offers different levels of lawn maintenance for different spaces depending on how they are used. Sports fields might have more than 20 mowing cycles per season, while small parks may have 7-10, and major boulevards about 4. Wet weather makes the soil soft and can lead to heavy equipment sinking into the ground and can lead to delays.

Concerns about Parks maintenance can be reported by calling 311 or visiting calgary.ca/311.

FLOOD PROTECTION IN BOWNESS

Submitted by the City of Calgary

Bowness is a vibrant, beautiful place to live. Being located on the Bow River brings both connection to nature and risks due to the powerful forces of mother nature. The City's flood resilience plan aims to provide protection against the river swelling its banks and flooding properties and streets. We know we cannot prevent all flooding, however. Currently, Bowness remains at risk of flooding when the Bow River overtops its banks when the flow in the river is around 800m3/s or more. For context, typical spring flows can regularly reach 300 m 3/s; the peak flow in June 2022 was 400 m 3/s; and the peak flow in 2013 was just over 1800 m 3/s. Basements can also be flooded by high groundwater.

A robust flood resilience plan requires many solutions acting together. Calgary's plan for flood resilience calls for regional solutions (e.g. upstream reservoirs), local solutions (e.g. flood barriers) and property-level solutions (e.g. lot grading, sump pumps and backflow valves). It also calls for a combination of structural solutions (such as those just described), development regulations and flood readiness. Combined, these solutions can achieve much higher levels of resilience, and will mean that our city is better prepared to handle and respond to flooding when it occurs.

We are working closely with the Government of Alberta on their investigation into the feasibility of a new reservoir on the Bow River upstream of Calgary. We are ensuring Calgary's perspective and flood risk is appropriately considered, and want the best possible outcome moved forward. If a reservoir location is approved to continue to the design phase next year, we expect a new dam is a decade away.

We are also working to ensure the Ghost Reservoir continues to provide flood resilience for Calgary. This Reservoir currently provides the most significant flood mitigation for Bowness. The current agreement between the Government of Alberta and TransAlta, which is in place through flood season 2025, allows the province to set the level of the Ghost Reservoir every flood season. It is a temporary agreement requiring renewal every five years. We are also working closely with the province on this matter to ensure Calgary's needs are understood and addressed.

With so much flood resilience work ongoing, the province recently updated Alberta's flood maps to better reflect current conditions. Through The City's Calgary River Valleys Project, we are updating flood zone regulations corresponding to the new flood maps. We are currently reviewing public engagement input from 2023 and early 2024, along with technical analyses, to inform what regulations are appropriate in various flood hazard zones, based on their level of flood risk. Visit Calgary.ca/rivervalleys for project updates.

And as always, visit calgary.ca/floodinfo for information on The City's flood resilience plan, actions you can take to help make your property and household flood-ready and to sign up for our e-newsletter (sent weekly May-July, and occasionally throughout the rest of the year).

The Bowness Community Association (BCA) supports equitable flood protection for all Calgary neighbourhoods in the river valley. We maintain a neutral position on specific flood mitigation options and encourage all Bownesians to do their research in this area. As we do with all matters of planning and development, we encourage residents to seek out reputable information on project proposals and make their voices heard to the City of Calgary.

OUR LADY OF THE ASSUMPTION YEAR END UPDATE

OLA students and staff had a busy wrap up to the year!

Students went on numerous trips, student athletes participated in flag football and track & field, faith and sacraments were celebrated, and ALL students participated in activity days.

For those families in need of before and after school care, we are pleased that Summit Kids is with us again next year and offering before/after and kinder care for the 2024-25 school year.

Registration is ongoing for K-9 students. Please contact the school at 403-500-2045 for inquiries regarding if there is room for your child at our fantastic school!

We wish everyone a safe and enjoyable summer and look forward to seeing all our families and new families on September 3 & 4 for staggered entry.

Blessings from all our Admin and staff,

Mrs. Horton
Principal Our Lady of the Assumption school





THIS SUMMER IN THE LANDING

Lounge Hours
Mon - Fri | 5-10pm
Buy a drink and a snack and support the BCA!

Daytime Coffee and Tea
Mon - Fri | 9am-5pm
Drop in for free wifi and pay-what-you-want hot drinks.

Un-wined Stitches
Thursdays | 7-9pm

Elevenes Coffee & Tea
Thursdays | 11am-12pm

Open Mic Night
Jul. 12 & Aug 9 | 6-9pm

Family Game Night
Jul. 5 & 26, Aug 2 & 30
6-9pm

SEE YOU IN THE LANDING!
The Landing at the BCA | 7904 43 Ave NW



I ♥ MAINSTREET BOWNESS

SUMMER IS HERE - ENJOY, RELAX, CONNECT AND PLAY



BOW CYCLE



LITTLE SHOP OF PLEASURES



UPS



ABSOLUTE AUDIO



N & K NAILS & SPA



STELLA NAILS & SPA



XPOSE BEAUTY



ATOMIC DOG



CARBIDE SAW SERVICE



COME ON DOWN TO YOUR HISTORIC MAINSTREET

Did you know this August 5 will feature the second annual Kids Race at the Tour de Bowness Race + Festival? Register your child to race at www.tourdebowness.com

Follow us on Instagram @mainstreet.bowness.bia or check out our website www.mainstreetbowness.com for upcoming events on Mainstreet!



For the past 5 years, Laddie has served Bowness as the BCA's Events and Volunteer Coordinator. Her passion and dedication have been instrumental in coordinating hundreds of volunteers and putting on incredible community events such as Run Bowness, Movie in the Park, the Holiday Craft Fair, the Jellybean Dance, Neighbour Day, Book Club, Food Week, the Holiday Dinner and many, many more. If you've enjoyed any of these events over the last half-decade, Laddie deserves your thanks!

Laddie has truly been a shining Face of Bowness during her Canadian adventure. A native of Springfield, Missouri, Laddie is returning to the United States in July to embark on a new journey in South Carolina.

As the messages below go to show, Laddie will be dearly missed! If you have a message you'd like to share with her before she goes, please email it to communications@mybowness.com and we will include your words as part of a farewell gift for Laddie.

"I've had the pleasure of working with Laddie for 6 years, and she is an amazingly kind and compassionate person. She has always taken the time to listen to the community and built strong relationships with the volunteers, other staff and residents of Bowness. We were so lucky to have Laddie in our community for the time we did! Her never-ending enthusiasm, support of the community, and jokes will be greatly missed."
– Molly

"Laddie perfectly captures and embodies the values we hold so dear to our hearts at the BCA. She is a force to be reckoned with, endlessly passionate about what she does, an absolute expert in her field, and over-all an incredible, genuine person that I have been proud to call my colleague for the last 8 months. The Laddie sized hole that will soon be left at the BCA cannot be understated. We will all miss you and the amazing work that you do. Only the very best wishes for you and yours, and have no doubt that wherever it is that you aim, you will land with grace, success, and the support of all of your friends, fans, and family back here in Bowness. Safe travels, and thank you." – Cody

"Farewell Laddie and best wishes for your new adventure. You'll be sorely missed and irreplaceable around the BCA and you encapsulated all that is good in our community of Bowness. Thanks for all your work and contribution to so many of the projects and activities that make this place great."
– Jimmy

"Thank you for all you've done for the Bowness community and the BCA! I'm so happy to have met you and to have shared in your Canadian journey here since you joined the BCA in 2018. You are leaving the biggest shoes to fill, but your legacy has been well cemented and you've really grown and flourished, and I cannot wait to watch what is next for you and Dakota. All the best! We ♥ Laddie." – Jessica

Laddie & Dakota, it's been an honour to have met you both. The "six" of us have quite the history... Laddie, from the first time we had a beer together on Leopold's patio and then meeting Dakota for the first time on another patio... We shared our home with you, celebrated Canada Day with your UofC friends and partied on American Thanksgiving with our American cousin (while being challenged with American Trivia) together. We laughed around a fire pit in our backyard together (and also on our

THANK YOU LADDIE!

driveway one Halloween during Covid). We went golfing together, talked politics and world events. We went car shopping, fixed bikes, gardened, built a green-house and shared our love for craft beer together. We introduced Stuffie to Triscuit for the first time nose-to-nose... and we shared your wedding day with you in beautiful Canmore, Alberta with your family and friends... What an adventure we've had together... But, there's more to come!

You may not know exactly where life will take you next, but the journey will be the FUN part! Calgary will miss you both as you venture back over the border to the US of A. But remember to always take a bit of Canada with you wherever you go. Remember the good times you had here and the friends you've made along the way. Thanks for sharing these memories with us. We will always be grateful for our time spent together.

Cheers to your next stop! We wish you all the best as you experience new adventures."
– Jacqui, JD & Triscuit



"Laddie, you are a champion of this community and you exemplify the heart of Bowness in everything you do. We are lucky to have had you, and will be cheering you on on you and Dakota's new adventure." – Logan



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BOWEST'NER | 19

COMMUNITY SAFETY TIPS

COMMUNITY SAFETY TIPS

Information provided by the Calgary Police Service

Bowness is a vibrant, beautiful place to live. Being located on the Bow River brings both connection to nature and risks. Last year we introduced the 9 p.m. routine, a list of things to check at 9pm everyday to make sure that you have covered off your security items before you go to bed. It has been very successful so please use it to help keep your families and property stay safe.

We cannot drop our guard but with simple prevention tips we can reduce the instances of crimes happening. We have received amazing information from the community to assist us in dealing with criminal activity, but we are still seeing some common mistakes that are allowing and assisting offenders to target our communities and create victims of crime.

Here are some additional crime prevention tips to help you to keep your property safe and prevent the risk of being a victim of crime:

Protect your valuables

Put curtains or blinds up to cover any windows in the garage or house, so thieves can't look for items to steal, or see if your vehicle is there.

Make it secure

The door between your house and attached garage is always locked. It should swing inward into the garage, be solid core, and have a deadbolt lock. The same goes for other exterior non-vehicle doors on your garage. If your garage is detached, then always make sure all doors are locked and secure. The main garage door should only be open when you are present. Keep your overhead door closed and your other garage doors locked, even when you are at home.

Check your locks

Secure your man-doors with deadbolts (which need to be operated from the outside with a key).

Make it bright

Install lights near your garage to keep the area around doors and windows lit. These can be motion sensor or photo (light) sensitive, so that they turn on automatically when someone walks past or when the sun sets.

Put up a number

Put your house number on your garage, especially if it opens up into a back alley. This helps emergency personnel to identify which house is yours.

Keep records

Catalogue your garage's contents, including serial numbers of valuable items and vehicle identification

numbers. Taking photographs, videos or digital recordings of contents can also help police and your insurance company if there's a break-in, fire, or flood.

Double-check

Never drive away without checking that your overhead garage door is down. Also check the operation of automatic doors once a month for safety (read your instruction booklet or contact the door's manufacturer for details).

Maintenance

Keep bushes trimmed back from garage windows, to avoid letting thieves use the bushes to hide their break-in attempt, or you can add spikey, aggressive, and nasty plants (thorny bushes).

Double Up

Lock up vehicles and high-value items such as lawnmowers even when they're inside the locked garage.

Out of Town

Disconnect your automatic garage door opener when you're out of town.

Turn it off

Never leave your vehicle running and unattended.

Hide your valuables

Wherever and whenever you park, remove your valuables. If that's not practical (you're in the middle of a shopping day, for example), hide the valuables in the trunk, out of sight, and then move the vehicle to a different place in the parking lot. Thieves watch parking lots to see who is stashing shopping bags and then heading back into the mall.

Garage Opener

Please take your garage opener into the house with you. This is the number one reason for an offender entering garages, by stealing the opener from the car prior to stealing from the garage.

Stow it right

If you have a garage, use it and lock it. If you don't, choose a parking spot that's as well-lit and well-travelled as possible, within sight of your windows.

Report it!

If you see suspicious people in or around vehicles, call the Calgary Police Service at 403-266-1234. And if your vehicle is broken into or stolen, report it to police right away, regardless of loss or insurance coverage. Break-ins are rarely isolated — reporting them immediately with as much detail as possible can help police in their investigation.

FROM CALGARY POLICE SERVICE

Who do you call?

Calgary Police Service: break-ins, suspicious behaviour, vandalism to the community 911 emergency dispatch (crime happening now, danger to people or property) 403-266-1234 non-emergency line (crime not in progress, no danger to people) Online reporting for non-emergency issues:

1. Logon to www.calgarypolice.ca
2. Look for "Report a Crime" and click "Submit an online report"
3. Look for "Reports you can submit online"
4. Click on "File a report" below the list of reportable crimes
5. Choose the check box that best describes your situation and click "Start report"
6. Enter your information. Be prepared with your driver's licence.

City of Calgary resources:

311 for City services, non-emergency and non-law enforcement related services (e.g. by-law related issues, potholes and street cleaning).

Power outage reporting and status - search ENMAX power outages at www.enmax.com/outages-and-safety or call 403-514-6100

Parking - call Calgary Parking Authority at 403-537-7000 or 1-888-544-4011

Bus/Train - call Calgary Transit at 403-262-1000



TOUR DE BOWNESS TAKES OVER MAINSTREET THIS SUMMER

By Teri Brown

On August 5th, Downtown Bowness will come alive with the Tour de Bowness Street Festival and Cory Meza Memorial Criterium bicycle race.

I had the privilege of meeting with event organizers Bob Grunewald from Bow Cycle and Jacqui Esler from the Mainstreet Bowness BIA to learn more about the event.

Bob was a long-time Bow Cycle customer before he left his downtown job 16 years ago to work there and take on responsibilities such as being part of putting on the Tour de Bowness. The Criterium race itself first ran in 2001, and over the years, Bow Cycle expanded the weekend of racing to include a 22km Saturday Road Race through the rolling hills north of Cochrane, as well as a Sunday Hill Climb event dashing up Mackay Road in Montgomery.

Monday's criterium finale takes place around a closed circuit and consists of multiple laps. It is the only sanctioned race in Alberta to take place on city streets! Streets along the circuit will be closed to traffic as racers reach speeds up to 70 KM/H along a 960m course featuring 7 turns, a small hill, a chicane, and a long straight down Bowness Road leading back to turn onto 64th Street. Affectionately known as Crash Corner, this hard right turn is a spectator favourite and is lined with inflatable crash barriers supplied by Winsport. Another popular viewing zone is at Bowwood Drive and 66 Street, where last year's event had a DJ adding to the vibe of the event.

Racing begins at 9am on Monday August 5, with various categories of races taking place throughout the day leading to the highest ranked men's and women's races. Last year had 180 registered racers along with a kids race featuring riders as young as 3 and 4 tackling the circuit on strider bikes.

As if this wasn't enough excitement, the Street Festival portion of the day kicks off at 10am. Mainstreet Bowness Road will fill with over 100 vendors, artisans, food trucks,

and street performers along with live music playing on the Tim Hortons Stage through the entire day. New this year is a special vendor section sponsored by the City of Calgary where young entrepreneurs (18 and under) can exhibit and promote their businesses.

The Street Festival began in 2011 as a partnership between the Mainstreet Bowness Business Improvement Area (BIA) and Bow Cycle in celebration of the 100th birthday of Bowness. The festival has been led by Jacqui Esler since she took on the role of Executive Director with the BIA after her own Mainstreet business sold in 2015.

BIAs began in Calgary in the early 90s, and the Bowness BIA is one of 15 throughout the city. The Mainstreet Bowness BIA is a volunteer based organization with the exception of the Executive Director Jacqui who liaises with the City and oversees everything to do with beautification and activation of the downtown community. She is responsible for everything from plants, benches, and public artwork to large events such as the Street Festival!

Bownesians (and other Calgarians) know that this dual event is some of the best free entertainment available. It's a chance to watch great athletes, cheer on aspiring young racers, see unique vendors and artisans, and hear great music - all for free!

The Tour de Bowness Street Festival takes place on

Mainstreet Bowness Road from 10am – 5pm on Monday, August 5.

Interested in being a vendor or volunteer? Contact tourdebownessstreetfest@gmail.com

The first heat of the Cory Meza Memorial Criterium begins at 9am with the final race scheduled for 3pm.

The deadline to register as a rider is Thursday, August 1. Cycling licenses are required, and all info can be found online at www.tourdebowness.com



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I ♥ MAINSTREET BOWNESS **Tim Hortons** **BOWCYCLE EST. 1987**

THANK YOU CALGARY!

REFLECTIONS AFTER THE BOIL WATER ADVISORY



Members of Calgary Fire Department joined us for Neighbour Day



Abby & Laddie getting ready to deliver water to Bownesians



James Ziegler creating "Dream Spinners" with Neighbour Day attendees



Mayor Gondek addressing Bownesians to kick off Neighbour Day

Early in the morning on Thursday June 6, Bowness woke up to discover that the quality of our water supply had been compromised by the 16th Ave feeder main break, and that our community would be under a boil-water advisory with no end in sight.

Within the first 40 minutes of our office opening, the BCA was mobilized in our parking lot offering water, sharing information, accepting donations, and coordinating deliveries of water to individuals in the community who did not have the means or mobility to boil water or access an emergency water wagon.

Within hours, we were joined by eager and dedicated volunteers, and we began receiving a steady stream of water donations that did not slow down until the advisory was lifted nearly a week later.

In the early days of the situation, we called on Bownesians to become Water Buddies and look out for their neighbours. After our community's experience in the 2013 floods, there was no doubt in any of our minds that Bownesians would rise to the occasion to face this challenge.

Bowness, you spent hours upon hours volunteering at the BCA helping your neighbors fill and carry their containers while offering calm reassurance and information.

You spent your days loading shopping carts and vehicles full of bottled water and making endless trips to apartment blocks and seniors complexes ensuring that no one in these buildings would go without clean water.

You helped translate information to refugee families in our community and directed them to resources.

When seniors and families came for water without vehicles, containers, or

even knowledge of english, you walked and drove around the neighborhood delivering flats of donated water.

And while we knew Bowness would rise to the occasion, we were utterly amazed at the way the entire city came beside us in our time of need.

During the advisory, dozens upon dozens of businesses, community organizations, and individuals donated time, bottled water, water containers, free groceries, hot food, and plenty of treats and baking for our staff, volunteers, and residents.

There were many times when our supply was nearly depleted, and we had to discuss rationing or restricting donated water. However, we resolved to trust in the generosity of our neighbors around the city, and continued to give water freely so that residents could always take enough for their families and neighbours.

Calgary, you did not let us down, and your outpouring of generosity made it possible to distribute tens of thousands of water bottles and water containers to members of our community during the boil water advisory.

And finally, thank you to the City of Calgary, Mayor Gondek, Councillor Sharp, Councillor Dhaliwal, and Neighbourhood Partnership Coordinator Angela Williams for your support during the advisory. We are especially grateful for the impromptu Neighbour Day Event that the City helped us host in lieu of the postponed Tiny Forest planting day!

If you're reading this and were a part of this in any way, big or small, we thank you. Because of your efforts, the resilience and generosity of our neighborhood and city were put on full display. We love Bowness and we are so proud to be a part of this incredible community.



Members of Dashmesh Cultural Society unloading a massive water donation at the BCA

Thank you to everyone who donated bottled water and water containers! We did our best to keep a list as you were dropping off, so if we missed you, please send us a message!

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Dashmesh Cultural Centre
Denny's Bowness
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Calgary Food bank
Guru Nanak Free Kitchen
Home Depot North Hill
Community Hubs Initiative
KFC Montgomery
Little Oaks Daycare
Mayor Jyoti Gondek
North Water
Rok Glacier Water
Stormtech
Varsity CA
Village Honda

Plus dozens and dozens of individuals from around the city!

Guru Nanak Free Kitchen donated free groceries & thousands of bottles of water



THE BOWTANICAL GARDEN

HOW TO BE A TRAVELLING GARDENER
BY BEVERLEY SHERIDAN



Royal Gardens at Kew, England



Singapore Botanical Garden



Huerto del Cura National Historic Gardens
– famous for 100 species of Palms!

Over several decades I have had the good fortune to have travelled to 57 countries and all 10 Canadian Provinces. I love new cities, sampling interesting food, meeting new people but I also love visiting botanical gardens and public parks as part of my itineraries. I don't need to leave my love of plants at home when I travel as there are lots of opportunities to indulge my passion for gardening while being on the road. There is something exciting, and highly enjoyable, about walking through an outdoor floral display or spending an afternoon inside a massive tropical greenhouse when it is winter in Calgary, and the thought of working in my own garden is weeks in the future. I have never found two public gardens that are alike and the diversity of the plant collections in many different environments often gives me an insight into local history and tastes as well as casting a spotlight on community pride. I also often leave envious of the types of plants that are growing as they are far too tender to survive in our northern climate, but sometimes I see examples of plants and colour combinations that inspire me to try them at home but substituting plants that will survive and thrive in Calgary.

Depending upon where my travels take me, I sometimes encounter dirty, noisy crowded streets and lots of car exhaust. Botanical gardens, public parks, and even zoological parks, offer an oasis of calm in the middle of all this as well as being a pleasant break from entrance lineups, street hustlers, jet lag and general tourist craziness. A couple of hours wandering among floral displays, checking the name plates on interesting trees or just sitting by a water feature -many gardens and parks have these lovely amenities – recharges the travel batteries and gives tired feet a much-needed rest.

At its core the purpose of a public garden or botanical garden is horticulture and public engagement. If this is true, then the history of public gardens can be traced back centuries to garden creators such as Chinese emperor Shen Nung (ca. 2800 BCE), Egyptian Queen Hatshepsut (ca. 1470 BCE) and Greek philosopher Aristotle (384-322 BCE). Closer to current times, the first true botanic gardens started to appear in Europe in the 16th century and were designed as "physic gardens" containing plants of medicinal and economic use and were often associated with medical universities but had limited access for the public. Several of these original physic gardens are still in existence in parts of Europe. The Victorian era truly laid the groundwork for the look and style of our current botanic gardens and public parks, often as a way to collect and display plant species from around the world, but more importantly as a retreat from everyday life and open to everyone. Many current botanic parks, gardens and public parks, in addition to maintaining and displaying plant collections, serve as educational resources ranging from teaching gardening skills to conservation and environmental awareness. Many botanic gardens house specimens of trees and flowering plants currently on the endangered species list.

It is estimated that there are approximately 2500 botanical garden-related organizations supporting public botanic gardens and parks throughout the world. Wherever I travel I am usually not far from one of these. In most travel books you will find a listing for some of the larger/more famous gardens or parks. As many of the true gems are quite small, and less well known, I have found that online resources can be very useful in identifying what can be found in a certain city or country. Botanic Gardens Conservation International (BGCI) has a great website, www.bgci.org, that details and has direct website links for about 800 of its affiliated gardens. You can search by city or even plant types. This organization currently has a very interesting, and concerning, report posted on its site regarding the state of the world's trees. Another useful site is Garden Visit, www.gardenvisit.com, that lists not only public gardens but also some private collections. Most public botanic gardens and parks have free entry but some have recently started to charge admission as a way to raise funds to support the care and maintenance of their collections. Checking the details prior to a visit ensures that I know where I am going – I usually look for gardens within walking distance of my accommodation or close to public transit – if the garden has set times for visitors, and how much cash do I need for an entrance fee and a coffee.

Whether your travels this year take you to southern Spain, Vancouver or Halifax, there are spectacular gardens waiting to be explored. Take a few minutes from a hectic travel schedule for a visit, you won't regret it.

Did you know Bowness has it's very own garden club?

We love all things garden!

From fruit to veg to the prettiest flowers in the land, we Bownesians know how to grow things.

But the thing we love most is getting together and visiting each other's garden.

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main.gal@gmail.com and we'll put
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BOWNESS HISTORICAL SOCIETY

Icemaking in Bowness – Part 3 Contributed by Anne Campbell and the Bowness Historical Society

The founders of the Al Azhar Mounted Patrol purchased the land and buildings of the Alberta Ice Company in 1954 for \$20,000. The Alberta Ice Company retained the option of putting up ice for the next three years, although ice harvesting operations likely continued after that time. The water diversion license was transferred to the Al Azhar, and the lagoon and river terrace areas of the ice plant were subsequently used as the Al Azhar temple and convention facility.

Some of the Alberta Ice Company buildings remain and have been preserved:

The Tack Shed – This is the only remaining original building and was the Alberta Ice blacksmith shop built in 1915



Don Ingwerson Ice Company

The Barn – This horse barn is considered the most important historical building on the site. The original barn was probably built in 1915 but burned down in 1926. It was replaced in the same location with the same design and materials as the original barn. The barn was used by the Alberta Ice Company and the Al Azhar Mounted Patrol continuously and solely as a horse barn since it was built. Through efforts of the Al Azhar, the Alberta Government has accepted the barn for designation as a Registered Historic Resource.



Al Azhar Centre Club House

The Clubhouse - This was built in the early 1950s and used as a bunkhouse for Alberta Ice Company employees

Russell Brown was an employee of the Alberta Ice Company from 1957 until around 1963 as “Foreman on the Hill” responsible for the loading of ice. As this job was seasonal, during the summer he worked for the Shriners looking after the Mounted Patrol horses. He also fed the horses and cleaned stalls in the winter while he was loading ice.

Every fall a new crew of men were picked up from the Calgary Employment Office to work at the ice plant. Operations required 15 men “on the hill” in the ice house and load out operations, as well as 15 men worked “on the lake” harvesting ice. Ice cutting was more mechanized by this time. It started with a 6- inch key cut on the north side of the lake and running its full length. The ice was cut with big-bladed saws run by air-cooled engines. Runners on sleighs set the marks for the saws. One saw was used to cut lengths and another to cut the ice into block sizes. A Jeep with a plow in front was used to sweep snow off the lake.

The crew hired each winter were mostly single men who worked for minimum wage and were housed in the bunkhouse or rooms above the cookhouse. The cookhouse was made of cinder blocks and had 10 rooms upstairs. Mr. Brown had to keep a fire going overnight to keep the men warm. The workers were responsible for bringing their own bedding but mattresses were provided. Men who had no bedding sometimes used mattresses for blankets.

Mr. Brown’s family also lived on site, their first home being a converted boxcar just above the lake. Later another room was added and this housed a family with eight children who were driven to school in Bowness. The Brown children swam in the lake all summer and could do this by jumping out of a window in their house.



Russell Brown Children and House – 1963 Alberta Ice Company



A NOTE FROM THE BCA BOARD OF DIRECTORS

Hello Neighbours!

My name is Gideon Mentie and I am very proud to be on the Board of Directors at the BCA. My official role is Secretary of the Board, and I am also involved with several committees as a volunteer.

Over the last two months I have been coordinating a special sub-committee that we formed to update the BCA's Strategic Plan. The previous Strategic Plan was over ten years old and it wasn't very clear about the future of the BCA. We wanted to create a new document that could help our team make decisions faster and help us plan the next 10 years of growth.

A good Strategic Plan has 3 parts: a mission statement, a vision statement, and a few key values. The BCA is a complex organization, and we believe that a clear strategic plan can help us make better decisions so we can serve you better!

To help us create a new Strategic Plan, we had two amazing Neighbourhood Partnership Coordinators from the City of Calgary join our board and staff for a 5-hour brainstorming session in May. Now the Board is taking all the brainstorming that we did and finalizing the Strategic Plan which we aim to have ready for the next Bowest'ner.

We want the new statements to be easy to remember and aspirational. But most importantly, we want the vision statement to better reflect our community association's role as a physical and social centrepiece.

You are the neighbourhood, and we exist so that you have a place to come and meet your neighbours, play hockey, learn a new artistic skill, run your first 10K, host a birthday party, learn about Bowness's history, grow something in the Community Garden, or much, much more.

Best Regards,
Gideon Mentie

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